

WORKSHOP INVITATION JUNE 4th to JUNE 8th, 2007

Anna Neil-Raduner and Elmar Abram are pleased to invite you to a workshop given by Hubert Godard which will take place in the beautiful region of South Tyrol, Italy.

Where MaSavoi (at Elmar Abram place)
Altrei – Anterivo
South Tyrol, Italy

Altrei is a picturesque mountain village situated at 1200 m in the middle of the protected national parc Trudner Horn, at the southern outflows of the Dolomites and the southern border of South Tyrol, where the German and Italian culture meet one another since centuries.

Date: From monday june 4th to friday june 8th 2007 (five days without brake)

Language: the whole workshop will be taught in english.

Costs: The fee will be: 730€ for fast payers (3 months in advance);

800€ for late payers

Lodging costs will be around 40€/day

Final informations about application

Pay to: masavoi
Anna Neil-Raduner, Alemannengasse 88, 4058 Basel
Bank: Credit Suisse
IBAN: CH40 0483 5001 3211 8200 0
SWIFT/BIC: CRESCHZZ80A

Payment: 1) 300 € by march 15
500 € by may 1
2) 730 € by march 15

Cancellation policy: Cancellation during 15.3.-1.5. will be charged 200€
during 2.5. - 15.5 will be charged 400€
during 16.5.-4.6. will be charged 800€

Time: 9.30am – 5pm with a lunchbrake

Accommodation: Gasthof „Zum Rössl“, Tel. 0039 0471 882031

Hotel Waldheim : Tel. 0039 0471 882024

Price: Half -pension between 35 – 45 € (Tell them You are in the workshop at Elmar`s)

Info about accommodation if necessary: Elmar Other questions: Anna or Elmar

If You are interested to come to the workshop, please contact Anna or Elmar and send a brief personal „movement curriculum“ to both!

Anna Neil-Raduner: tel. 0041 61 6913802; E-mail: neil-raduner@rolfing.ch

Elmar Abram: tel: 0039 0471 973764; E-mail: info@masavoi.com

Who is Hubert Godard?

Hubert Godard is one of the most sophisticated experts of human movement. I foresaw this already in the far 1986, when we studied together in a Rolfing class in Munich and, subsequently, I invited him in 1989 to Bolzano to give his first workshop for the Rolfing Community at the European Annual Meeting of that year.

Time passed by and Godard is surely an equally sophisticated expert of human structure today!

And what makes him so unique as a teacher is his ability to bring together structure and function in his practical teaching - but not only:

By studying with him, I was fascinated by and learned practically about how much your sensory-perceptual, as well as your psychological organisation interferes with the way you move in the world!

It is obvious to me that Godard`s work is a big and important contribution to Ida Rolf`s work, and this will become much clearer to the community in the future!

So I am sure that also this workshop will be a special experience for all fans of movement!

Elma

r Abram

Biography of Hubert Godard

Simultaneously pursuing a classical, then contemporary dance career, Hubert Godard studied then conducted his own research in somatic techniques. This led him to investigate the domains of functional rehabilitation, biomechanics and the nervous system's function in motricity. He trained at the Rolf Institute, where he was subsequently nominated movement teacher, and since then, have been teaching for the Rolfing community.

Since 1988 he has been working regularly in hospitals as a researcher for the National Institute for Cancer Research in Milan, Italy. In 1990 he was appointed to the position of director for the Dance and Movement Analysis Department of the Paris'University where he teaches movement analysis as well as directing numerous doctoral thesis. The sum of this research and this teaching endeavours find their common focus in a passion for the practice and study of movement in its different aspects: reaching from biomechanics, different body technics, psychology and all the way to the aesthetic of human expression.

SHARED BODY OF MOVEMENT

This is a five day workshop for movement teachers in Rolfing, dance, Pilates, yoga, Feldenkrais, Alexander, etc.. Constant through all these techniques and different ways of thinking are shared links to the body's organization for movement.

The capacity to transmit movement information depends on a teacher's embodiment.

Central to embodiment is one's own kinesthetic empathy—how does a body relate to another body beyond the limits of language?

This workshop is an opportunity for physical practice in movement, sustained periods of active engagement with movement challenges.

Each day will have a theme (such as breathing, flexibility, core stability, strength, flow, etc.) and we will explore ways to approach each question. We will start with presentation of theoretical knowledge, entrance into the territory of this theme through individual practice, a chance to prepare our body system perceptually for the work.

Once prepared, the work continues through the defined movement

challenge, while still addressing the body condition of the practitioner. Later, we move on to didactic tools: ways to body-reading, to see and name the qualities that one wishes to transmit. From here we look at and practice pedagogical strategies that help the client or student to learn. In the application of pedagogy, we have the chance to work with each other, to assist one another to learn the movement, to find our openings to the work. Strategy derives from four „structures“ that determine the possibilities for movement: physical structure, perceptual structure, coordinative structure, meaning structure. We will see how all of these influence our habits of movement and organize the way we teach others.